Anne Arundel County Department of Health Presents HARM REDUCTION 101 DULZ SHOULD

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Game Instructions - In Person



- Form teams and pick a captain who will hit the buzzer.
- First team picks a category and point value.
- If team agrees on an answer, hit the buzzer first team to buzz answers.
- Give the answer in the form of a question like "What is a rabbit?"
- For correct answers, that team is awarded the point value of the question and picks the next category and point value.
- For incorrect answers, the point value is deducted from the team's score and gives other team(s) the opportunity to buzz in and respond.
- If no correct response is given, correct response will be read, and the team who selected the previous clue chooses the next clue.
- We will keep score and play for a while or until the board is empty.
- Final Question Write down what your team wants to wager and the team's answer.

Game Instructions - Virtual



- We will play as individuals. Keep you own score if you like.
- I will choose the first category and point value.
- As soon as I read the item, if you know the answer, raise your hand.
- I will call on people based on the order of hands raised.
- Give the answer in the form of a question like "What is a rabbit?"
- For correct answers, add the point value to your score and select the next category and point value.
- For incorrect answers, deduct the point value from your score; I will call upon the next raised hand and go down the line.
- If no correct response is given, the correct response will be read, and I will select the next category and point value.
- We will play for a while or until the board is empty.
- Final Question write down what you want to wager and your answer.
- Feel free to share your score at the end of the game.

HARM REDUCTION 101

FINAL QUESTION

Core Principles	The Need for HR	Stages of Change	Acronyms	Potpourri
\$100	\$100	\$100	\$100	\$100
\$200	\$200	\$200	\$200	\$200
\$300	\$300	\$300	\$300	\$300
\$400	\$400	\$400	\$400	\$400
\$500	\$500	\$500	\$500	\$500

Core Principles - \$100 Question

A movement for social justice built on a belief in, and respect for, the rights of people who use drugs



Core Principles - \$100 Answer

Harm reduction



Core Principles - \$200 Question

Unlike traditional drug and alcohol treatment programs, harm reduction does not require clients to _____



Core Principles - \$200 Answer

Stop using drugs



Core Principles - \$300 Question

The main agents of change in any harm reduction program whose voices shape the policies and programs



Core Principles - \$300 Answer

People Who Use Drugs (PWUD) or program participants



Core Principles - \$400 Question

The classic phrase that best captures the harm reduction approach



Core Principles - \$400 Answer

Meet people where they are at



Core Principles - \$500 Question

Where harm reduction falls on the prevention harm reduction continuum (the type of prevention)



Core Principles - \$500 Answer

Tertiary prevention



Need for HR - \$100 Question

The leading preventable cause of death for PWUD



Need for HR - \$100 Answer

Opioid overdose



The substance involved in the majority of unintentional fatal drug overdoses in Maryland



Need for HR - \$200 Answer

Fentanyl



Need for HR - \$300 Question

The epidemic that led to the development of harm reduction programs for PWID



Need for HR - \$300 Answer

HIV/AIDS epidemic



Need for HR - \$400 Question

The most common bloodborne disease in the United States



Need for HR - \$400 Answer

Hepatitis C Virus (HCV)



Need for HR - \$500 Question

An injection-related infection that affects the heart lining



Need for HR - \$500 Answer

Endocarditis



Stages of Change - \$100 Question

The stage in which the individual begins actually changing their behavior



Stages of Change - \$100 Answer

Action



Stages of Change - \$200 Question

The stage an individual who is content with their drug use and isn't considering changing would be in



Stages of Change - \$200 Answer

Pre-contemplation



Stages of Change - \$300 Question

A common expected movement between stages and occurrence in recovery



Stages of Change - \$300 Answer

Relapse or recurrence of use



Stages of Change - \$400 Question

Most recent addition to the Stages of Change Model



Stages of Change - \$400 Answer

Stable lifestyle



Stages of Change - \$500 Question

Another name of the Stages of Change Model



Stages of Change - \$500 Answer

Transtheoretical Model



Acronyms - \$100 Question

SSP



Acronyms - \$100 Answer

Syringe Services Program


Acronyms - \$200 Question

ORP



Acronyms - \$200 Answer

Overdose Response Program



Acronyms - \$300 Question

The person-centered acronym to describe injection drug users (the older term)



Acronyms - \$300 Answer

PWID

(Persons Who Inject Drugs)



Acronyms - \$400 Question

The acronym for prescribed use of Suboxone and Methadone



Acronyms - \$400 Answer

MOUD

(Medications for Opioid Use Disorder)



Acronyms - \$500 Question

The AAPOWER program



Acronyms - \$500 Answer

The HR outreach program: Anne Arundel Peers Offering Wellness Education and Resources



Potpourri - \$100 Question

The medication that reverses opioid overdoses



Potpourri - \$100 Answer

Narcan or naloxone



Potpourri - \$200 Question

The riskiest way to use drugs (route of administration)



Potpourri - \$200 Answer

Injecting drugs



Potpourri - \$300 Question

The type of health care services that SSPs increase access to most frequently



Potpourri - \$300 Answer

Treatment for Substance Use Disorder



The evidence-based way that SSPs help to improve the physical environment of the communities they serve



Potpourri - \$400 Answer

Less syringes discarded on the streets



Potpourri - \$500 Question

The approximate number of drug-involved overdose deaths in the U.S. - 2021



Potpourri - \$500 Answer

Over 100,000 (106,699 to be exact)



FINAL **Topic: HR Core Principles**





A negative social condition that PWUD/PWID commonly experience, which harm reduction seeks to reduce





Stigma or Stigmatization

